# **Hip Protectors**

Hip protectors are designed for extra protection against hip fractures and recommended for those who are at risk of falls and injury.

- Durable, breathable polycotton-spandex brief
- Ample leg openings for easy dressing and toileting
- Soft, thin protective hip pads
- Fits easily over incontinence aids, accommodates incontinence pads
- Can be worn 24 hours a day -comfortable to sleep in

Walk on Wheels Starter pack costs approximately \$174 for 3 pants and 1 set of interchangeable pads.

Hip protectors may be recommended by the Occupational Therapist who will consult with you regarding purchase of this item.



The Occupational Therapist is able to measure for the correct size and place an order on your behalf.



For further information or enquiries, please contact

The Allied Health Team

Phone: 8340 1155 ext 531

# Therapy Department

**EQUIPMENT** 







89 Hawker Street Brompton SA 5007

Phone: 8340 1155 E-mail: therapy@rgha.com.au

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# **Assessment by Allied Health** and Clinical Staff

Residents are assessed for all equipment needs by the Occupational Therapist in collaboration with residents, family members and staff.

Residents are assessed for equipment to help with balance and mobility, activities of daily living, pressure care, upper limb, oedema management and falls prevention. Assessment may include liaising with equipment suppliers and specialists.

The Occupational Therapist will prescribe and train residents and staff in the use of equipment.

The Occupational Therapist may assess your family member as needing certain equipment to assist with their care needs, safety and comfort which are not provided by the facility.

Your Occupational Therapist or Clinical Nurse Manager may consult with you concerning further equipment needs and the purchase of these items.

# **Mobility Aids**

### Provided by RGHA

- Rollator frames
- Four wheeled walkers
- Walking sticks
- · Lifters and slings
- Standard wheelchairs
- Over head self-help poles

### Not Provided

- Custom made wheelchairs
- Scooters and gophers



# **Activities of Daily Living**

### Provided by RGHA

- Commodes, bed pans Dressing aids: long and urinals
- · Shower chairs (static, mobile, tilt-back and blue baths)
- Toilet seat raisers
- Grab rails
- Over-bed tables
- Adapted cutlery and

# Not Provided

handled aids such as shoe horns, pick up sticks, sock aids and button hooks









# Pressure area care and seating

The Occupational Therapist will conduct seating assessments to ensure appropriate support and comfort for pressure relief and management of skin integrity.

- Bed cradles
- · Beds and standard mattresses
- Air mattresses
- Cushions and supports
- · Comfort chairs (may need to be shared)
- Recliner chairs





# **Upper Limb and Oedema Management**

# Provided by RGHA

Tubigrip compressions



### Not Provided

- TED stockings
- · Compression gloves
- Braces and supports
- Hand/upper limb splints
- Prosthetics

# **Falls Prevention**

# Provided by RGHA

- Bed height indicators
- Floor line beds
- Sensor mats
- Chair sensors Wander alarms

# Not Provided

- Footwear
- Head protection
- Hip protectors